

REGISTER NOW!



**APRIL
21ST, 2024**

**PREPARATION FOR
NATIONAL 2024**

ELITE KARATE CUP 2024

**USANKF
MODIFIED
RULES**



Attention Senseis, Coaches and Athletes,

It is a great pleasure for me to extend an invitation to you and your competitors to participate in the **Elite Karate Cup 2024**, which is schedule for the **21st of April** in Santa Ana California. This is one tournament you do not want to miss.

The tournament is located at:

Century High School 1401 S Grand Ave Santa Ana, California 92705

All registrations will be completed online at www.tajikkarate.com/elitekaratecup2024 and will be open until **April 19th at 12:00 PM**.

If you require any additional details regarding a tournament, please call me, Sensei Alex Tajik at **949 350 2735** or you may email me at info@tajikkarate.com

I look forward to the pleasure of your attendance in **Elite Karate Cup 2024** on April 21, 2024.

Thank you

Sensei Alex Tajik Tournament Director

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DATE: START TIME:

April 21, 2024

EVENT LOCATION:

Doors open at 8:00 am Tournament will begin at 9:00 am

Century High School 1401 S Grand Ave Santa Ana, California 92705

REFEREE MEETING:

8:20 am

ATHLETES:

Only athletes in the staging room

SPECTATOR FEE:

\$10 Cash at the door (children 4 years old and older)

PRE-REGISTRATION:

www.tajikkarate.com/elitekaratecup2024

RULES:

USANKF Modified Rules

AWARDS:

- 1st . 2nd . 3rd . 3rd will receive medals
- Participation Medals

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Kumite Tournament Rules:

USANKF / WKF modified rules. All techniques to the face head and neck must have absolute control. The referee panel will penalize the competitor, if the hand techniques touch the face, neck or head for all 15 years old and younger. Light skin touch with foot is allowed for all divisions. Age 16 and up (non-injurious, "light skin touch") with hand is allowed. For all 5-11 years old divisions 1 minute stop time, and 1 & 1/2 minutes for all other divisions with the exception of 18+ advanced male & female division which will be 2 minute stop time.

Equipment:

White Karate-Gi, Leather fist guard (Red, Blue, White), mouth guard and groin protector (male), Shin Guard, Foot Pads are mandatory. Headgear, Chest Protector (female), WKF Face mask and body protector are optional.

DIVISIONS

ALL DIVISIONS 18+ ADVANCED

- 2 Minutes
- 3 or 5 Judges

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11 YEAR OLDS AND UNDER

- Duration of bout All (Beginners, Novice, Int, Adv 1 Minute Stop time)
- 8 point ceiling

12-17 YEAR OLDS , All levels:

- Duration of bout All (1 & 1/2 Minute Stop Time)
- 8 point ceiling

18-34, YEAR OLDS NON ADVANCED

- Duration of bout 1 1/2 Minute Stop Time
- 8 point ceiling
- Light touch to the face, neck, or head can score

All divisions will NOT use the repechage system.

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Kata

All Divisions 18+ Advanced

- 3 or 5 Judges
- Red and blue flag system will be used
- Competitor can repeat the same kata in each round except the advanced divisions
- Advanced divisions must perform a different kata in the medal match than in the previous round.
- Beginner and Novice competitors are restricted to basic kata such as the following kata:
 - Taikyoku, Heian- Pinan, Gekisai, Fukyu kata, Kihon kata.
 - Competitors (aka and ao) will perform their kata simultaneously

All divisions will use the single elimination system. *Tournament Director has the right to add, eliminate, combine, or split divisions.*